How to Practice

Cheat Sheet:

Before working on your song:

1. LISTEN

- Listen to band/original recording (Spotify, YouTube, etc)
- Listen to Zoe's practice recordings on Google Drive (access through <u>website</u>)
- Listen through the song 2-5 times before working on the song in each practice

Then go ONE SECTION at a time SLOWLY through these 7 steps:

- 2. Clap rhythm
- 3. Sing fingers
- 4. Sing fingers in time while clapping rhythm
- 5. Play SLOWLY until comfortable, calm, and correct (take a breath between tries)
- 6. Add bowings and articulation (if applicable) and repeat Step 5
- 7. Repeat steps 2 6 for each section following the format below

Practice Sections Format:

Here's an example of what order to practice the sections of your piece in. I have written this out with classical and fiddle section markings. We always want to start SMALL and SLOW and build from there. Once you have learned two small sections, put them together, like this:

- 1. Section 1 (A): do steps 2 6 above
- 2. Section 2 (A1): do steps 2 6 above
- 3. Sections 1 + 2 (A + A1) together: do step 5
- 4. Section 3 (A again): do steps 2 6 above
- 5. Section 4 (A2): do steps 2 6 above
- 6. Sections 3 + 4 (A + A2): do step 5
- 7. Sections 1 + 2 + 3 + 4: do step 5

Continue this pattern of practice throughout your piece and you will learn it quickly and correctly the *first* time. Remember:

Practice slow and you will learn fast!